

Disability Resources and Links

Recommended Local Organizations and Resources

Oregon Commission for the Blind.
535 SE 12 AVE Portland Or 97214
971-673-1577

People have to call the reception to get right counselor

Multnomah Early Childhood Program (early intervention)
(503) 261-5535

[Multnomah Early Childhood Program \(MECP\) - David Douglas School District](#)

Organizations that Fight for Disability Rights

<https://www.sinsinvalid.org/> - Sins Invalid

<https://disabilityvisibilityproject.com/> - Disability Visibility Project

<https://rootedinrights.org/> - Rooted in Rights

<https://adapt.org/> - Adapt

https://alliedmedia.org/wp-content/uploads/2020/10/creating_collective_access.pdf - Creating Collective Access pdf

<https://www.sinsinvalid.org/disability-justice-primer> - Skin, Tooth, and Bone book

Training for Parents, Mentors, Staff and Other Adults Working with Children/Youth with Cognitive and Behavioral Disabilities

Think:Kids Collaborative Problem Solving Training

<https://thinkkids.org/cps-overview>

Movie about Youth with Disabilities

Crip Camp-(available on Netflix) is a documentary moving about a group of disabled kids who attended a radical disability-centered summer camp in the 1970's and grew up to establish a disability justice civil rights movement leading to the passage of the Americans with Disabilities Act in the 1990s. This film has some mature content that is not appropriate for youth, but is excellent background for adults. Judy Heumann, who is featured in the film, is also a guest speaker in the first webinar in the State of Oregon series below.

Webinars from the State of Oregon

Webinar about the History of the Americans with Disabilities Act (State of Oregon)

<https://www.youtube.com/watch?v=vcYUr6gYmME>

Webinar about Behavioral Health (State of Oregon)

<https://www.youtube.com/watch?v=XVzIQvfthkU>

Webinar about Intersectionality and the Construction of Disability (State of Oregon)

<https://www.youtube.com/watch?v=qn0Wvm-VBmM>

Videos for Learning about and Understanding Autism

Animated short video explaining Autism developed for non-autistic kids

<https://www.youtube.com/watch?v=RbwRrVw-CRo>

Can you make it to the end? Video by National Autistic Society

<https://www.youtube.com/watch?v=aPknwW8mPAM>

Autism Spectrum Disorder 101:

<https://youtu.be/r29iOjnbbgA>

Videos for Learning about Attention Deficit Hyperactivity Disorder (ADHD)

5 Signs of an incoming Meltdown in your ADHD child (stress systems do not get stronger, in fact they begin to shut down) Good for parents, teachers, supports to see and possibly help get diagnosed if not diagnosed.

<https://youtu.be/aIDaRq9o97U>

Emotional Regulation: 7 Truths about ADHD (Healthcare providers don't necessarily tell you or screen for but are often signs of ADHD or other brain disorders. Cognitive , Intellectual Disorders.

<https://youtu.be/GeeeFsTaJss>

3 Ways ADHD Makes You Think About Yourself

<https://youtu.be/FF8gpsffwh0>

Disability Rights and Disability Justice

Video: [Our Fight for Disability Rights – and why we’re not done yet | Judith Heumann](#)

Reading: [10 Principles of Disability Justice](#)

Video: [Social Justice: What’s disability go to do with it?](#)

Reading: [Recommendations for Advancing Disability Justice in Oregon and Southwest Washington](#)

Videos for Helping to Navigate School Systems Including IEP and 504 plans

Speech-Language Impairment : Students with disabilities

<https://youtu.be/MNYAb7VimC8>

Special Education Laws (History and Updates) 101:

<https://youtu.be/dj2dBLi7zvQ>

What is Inclusion? (in the classroom)

<https://youtu.be/3VMz06iVzqs>

Virtual Learning Expert Secrets/Special Education Parenting Tips:

<https://youtu.be/xLhYKCnmsx0>

Navigating Academic Success During Covid 19-Special Education Parenting Tips;

<https://youtu.be/tG-HJ-vJiUs>

8 Parental Rights in The IEP Process / Special Education Decoded:

<https://youtu.be/GwqVfkivHUK>

Wrap-Around Services:

https://youtu.be/5dG64E4G_Y0

IEP Individualized Education Plan Summary & Explain;

<https://youtu.be/28hqxbdS7EQ>

Related Services in Special Education: Explanation and Definition:

<https://youtu.be/XPzfw2GGOk8>

Who is on the I.E.P. Team: Members, Roles, Responsibilities:

https://youtu.be/nPLUdT_ilMY

[What is Education? What is an IEP?](#)

<https://youtu.be/GFcUZ5IZiLU>

Americans with Disability Act in Special Education:

<https://youtu.be/5XX3F3idDA0>

Section 504: Explained & Summarized:

<https://youtu.be/pxx6rQqlipY>

Assistive Technology, Examples, Definition, Evaluation:

<https://youtu.be/eKWx8twpBEw>

Individuals with Disabilities Education Act Explained:

<https://youtu.be/66g6TbJbs2g>

No Child Left Behind: Explained and Summarized:

<https://youtu.be/0--2nhsDorg>

Modifications vs Accommodations (High School Students)

https://youtu.be/X6rT2_fn4u0

Response to Intervention: R.T.I

<https://youtu.be/S-y2v1a5XRU>

ELL & ESL Teaching Strategies (Bilingual students)

https://youtu.be/SyJ_pNaazso

The Special Education Process: Getting in and out:

<https://youtu.be/2SxTzl8TuEk>

The Basic Do's and Don'ts of IEP meetings

<https://youtu.be/CHCTGRw1oKo>

4 IEP Secrets Withheld From Parents/ Special Education Tips:

<https://youtu.be/gZ1ozr9A-co>

Section 504 Plan VS. IEP/ Special Education Decoded:

<https://youtu.be/OJ8q6i7LtMs>

IEP Goals Defined/ Special Education Decoded:

https://youtu.be/F_d5_tv1LU8

7 Steps in an IEP Process/ Special Education Decoded:

<https://youtu.be/TAmGWSZaJcQ>

Difference Between Self-Contained and Inclusion Classrooms (Definitions and what it looks like) Special Education Decoded:

<https://youtu.be/4NlvQasaWPo>

Limiting Self Beliefs in Kids/ Special Education Parenting Tips:

<https://youtu.be/f4uU-jmjQOs>

Online Tutoring Options For Your Child, Special Education Parenting Tips:

<https://youtu.be/478NsiknFdo>

Mastering Virtual Group Learning/ Special Education Parenting Tips:

<https://youtu.be/Qfbujj7Qyxg>

The FBA Functional Behavior Assessment/ Special Education Decoded:

<https://youtu.be/sMTtlc6zEpM>

Behavior Intervention Plans Bips: Special Education Decoded:

https://youtu.be/iDx6DVZ_vTY

Overcoming Burnout Felt By Special Needs Parents/ Special Education Decoded:

<https://youtu.be/DUrordQaLak>

Special Education vs General Education/ Special Education Decoded:

<https://youtu.be/MTjlXrGtI0o>

Writing Social Stories (gray area scenarios in practice to help teach)/ Special Education Decoded:

<https://youtu.be/PV8MBUxaDs0>

Understanding WHY Virtual Learning is a Struggle (Forced online learning due to covid) Special Education Tips for Parents:

<https://youtu.be/dkF-14L5A1c>

Least Restrictive Environment in Special Education / Special Education Decoded:

<https://youtu.be/TREMyO2HMMY>

Trauma and the Brain

Childhood Trauma and the Brain

<https://youtu.be/xYBUY1kZpf8>